

Menu



Ροφήματα / Brews

- Εσπρέσο - Espresso 3.50€
- Εσπρέσο Διπλό - Espresso double 4.00€
- Καπουτσίνο - Carruccino 4.00€
- Καπουτσίνο διπλό - Carruccino double 4.50€
- Φρέντο Εσπρέσο - Freddo espresso 4.00€
- Φρέντο Καπουτσίνο - Freddo carruccino 4.00€
- Ελληνικός Καφές - Greek coffee 3.00€
- Ελληνικός Καφές Διπλός - Greek coffee double 3.50€
- Αμερικάνο - Americano 4.00€
- Γαλλικός Καφές - Filter coffee 3.50€
- Στιγμιαίος Καφές / Φραπέ Nescafe Instant Coffee /
Frappe 3.50€
- Ζεστή /Κρύα Σοκολάτα Hot/Cold Chocolate 4.00€
- Μίλκσεϊκ - Milkshake 6.00€

Menu



Smoothies

Strawberry Delight 6.00€

Φράουλα, ροδάκινο και παπάγια – Strawberry, peach,
papaya

*

Berry Bust 6.00€

Μαύρο μούρο, σταφίδα, μύρτιλο και μπανάνα- Blackberry,
black currant, blueberry, banana

*

Pineapple Sunset 6.00€

Ανανάς, παπάγια, μάνγκο – Pineapple, papaya, mango

*

Ginger Bits 6.00€

Παντζάρι, μύρτιλο, ανανάς, πιπερόριζα – Beetroot,
Blueberry, pineapple, ginger

Menu



Χυμοί / Juices

Φυσικός Πορτοκάλι / Fresh Orange Juice 5.00€

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Φυσικός Ανάμεικτος / Fresh Mixed Juice 6.00€

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Χυμοί Φρούτων Λακωνία / Fruit Juice Lakonia 3.50€

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Επιλογή Πορτοκάλι, Λεμόνι, Ροδάκινο, Μπανάνα,
Βύσσινο, Ανανά, Ανάμεικτος
Your choice of Orange, Lemon, Peach, Banana, Sour
cherry, Pineapple, Mixed

Menu



Αναψυκτικά / Soft Drinks

Coca cola, Coca cola zero, Sprite, Fanta, Soda, Tonic
4.00€

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Μεταλλικό Νερό 0.5ml – Mineral Water 0.5ml 0.50€

*

Μεταλλικό Νερό 1L - Mineral Water 1L 2.00€

*

Σουρωτή Ανθρακούχο Νερό 250ml - Souroti
Sparkling Water 250ml 3.00€

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Ανθρακούχο Νερό 0.75ml - Sparkling Water 0.75ml
3.50€

Three Cents 5.00€ Pink Grapefruit / Ginger beer

*

B – Fresh 5.00€

Επιλογή από: Λεμονάδα με πιπερόριζα, Λεμονάδα
με μαστίχα Χίου, Βυσσινάδα με αγαύη,
Ροζ γκρέιπφρουτ, Ρόδι με πράσινο τσάι, Μάνγκο

Your choice of: Lemonade with ginger, Lemonade
with Chios mastic, Sour cherry with agave syrup,
pink grapefruit, Pomegranate with green tea,
Mango

Menu



Κρύο Τσάι / Ice Tea

Πράσινο τσάι με χυμό λεμόνι και λουίζα - Green tea
with verbena and lemon juice 5.00€

*

Τσάι Κεϋλάνης με χυμό ροδάκινο - Ceylon tea with
peach juice 5.00€

*

Τσάι του βουνού με χυμό ρόδι και βιολογική αγαύη
Mountain tea with pomegranate juice
and organic agave 5.00€

Mystras cold sweet beverages

Buenito 4.50€

Ρόφημα από τραγανή γκοφρέτα σοκολάτας γάλακτος, με καρδιά από κρέμα φουντουκιού
Milk chocolate crispy wafer with hazelnut cream

Snikerato 4.50€

Ρόφημα σοκολάτας γάλακτος, με γεύση φυσιτικών, βουτηγμένων σε κρέμα καραμέλας
Milk chocolate with pistachio flavor, dipped in caramel cream

Red Velvet 4.50€

Ρόφημα σοκολάτας Καριϊβικής, με βανίλια Μαδαγασκάρης,
σάλτσα φράουλας και τρίμμα από μπισκότο Oreo
Caribbean chocolate with Madagascar vanilla,
strawberry sauce, Oreo cookie crumbs

Menu



Τσίπουρο / Tsipouro

1 Ακόμα - 1 Akoma 50ml/200ml 4.00€ /
11.00€

Κατσάρου Τυρνάβου - Katsarou
50ml/200ml 4.50€ / 12.00€

Δεκαράκι - Dekaraki 200ml 10.00€

Τσιλιλή - Tsilili 50ml/200ml 3.50€ /
11.00€

Ούζο / Ouzo

Πλωμαρίου - Plomariou 50ml/200ml
3.50€ / 11.00€

Μίνι Μυτιλήνης - Mini 50ml/200ml 3.50€
/ 9.00€

Βαρβαγιάννη Μπλε / Πράσινο -
Varvagianni Green - Blue 200ml 12.00€

Μπίρες / Beers

Alfa 500ml 5.00€

Mamos 500ml 5.00€

Heineken 500ml 5.50€

Kaiser 500ml 5.50€

Fisher 500ml 5.50€

FIX 0% 500ml 5.00€

Sparta Lager 330ml 6.00€

Menu



Aperitif cocktails

Aperol Spritz 10.00€

Aperol, prosecco, soda water

Queen's Aperol 12.00€

Aperol, strawberry, prosecco,
pink grapefruit

Gin Cocktails

GIN COCKTAILS

Mystras Gimlet 12.00€

Gin, fresh lime juice, cucumber syrup

*

Ginger Bomb 12.00€

Gin, fresh lime juice, ginger syrup,
mango puree, pineapple juice

*

Tangerine Sour 12.00€

Gin, fresh lime juice, tangerine syrup,
ginger syrup

*

Mystic Garden 12.00€

Gin, fresh lime juice, violet syrup,
hibiscus syrup, blue curacao

Vodka Cocktails

Mystras Breeze 12.00€

Vodka, fresh lime juice, watermelon
puree, simple syrup

*

Five Stars 12.00€

Vodka, fresh lime juice, peach syrup,
apricot syrup, pineapple puree,
passion puree, bitters

*

Long Island Spiced Tea 12.00€

Vodka, spiced rum, gin, white
tequila, Cointreau, fresh lime juice,
coca cola

*

Tropical Peach 12.00€

Vodka, fresh lime juice, passion puree, peach
syrup, vanilla syrup, peach juice

Menu



Rum Cocktails

Original Zombie 14.00€

Rum, fresh lime juice, passion puree, pineapple juice,
orange juice, apricot liqueur, grenadine, bitters

*

Green Dream 12.00€

White Rum, overproof Rum, fresh lime juice,
tangerine syrup, mango puree, blue curacao

*

Caribbean Kiss 12.00€

Rum, fresh lime juice, tangerine syrup, falernum
syrup, orange juice, bitters, mandarin soda

*

Yellow Dragon 12.00€

White Rum, fresh lime juice, caramel syrup,
pineapple juice, grapefruit juice

*

Blue Spiced Apple 12.00€

Spiced Rum, Amaretto, fresh lime juice, apple juice,
blue curacao

Menu



Snacks



Ham or Turkey Toast – €6.50
With country fries and ketchup dip

*



Vegan Cheese Toast – €5.50
With potato wedges and vegan mayonnaise dip

*



Fried Dough Bread with Graviera & Smoked Pork
(Siglino) – €7.00

*



Fried Dough Bread with Honey & Roasted Sesame –
€5.50

*



Club Sandwich – €13.50
Chicken pane, bacon mayo, tomato, lettuce, gouda
Served with country-style fries

*



Chicken Nuggets – €12.50
With mayonnaise and potato wedges

*



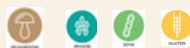
Boukouvála with Smoked Taygetos Salmon – €15.80
Tomato confit, poached egg, crushed avocado, baby
greens

*



Stuffed Thessaloniki Bagel – €9.00
With mayo–arugula pesto, tomato, Monemvasia
graviera flakes, lettuce, smoked turkey

*



Grilled Vegetable Sandwich – €8.50
Multigrain bagel with vegan mayo, cherry tomatoes,
and fresh greens

*



Traditional “Tsaiti” Pie – €7.50
Local greens pie with spinach, chervil, spring onions,
sfela cheese mousse

Menu



Pizza & Mains



Pizza Margherita – €13.00

Freshly made pizza dough, mozzarella cheese,
and tomato sauce

*

Burgers & Grills



Mystras Burger – €18.50

Black Angus beef patty, cheddar cheese, bacon, iceberg
lettuce, tomato, BBQ sauce
Served with country-style fries

*



Pork Gyros – €16.50

Served with pita bread, fried potato wedges, tzatziki, and
tomato

*



Pork Schnitzel – €17.50

Baked with tomato sauce and cheese
Served with spaghetti Napolitana

*

G-F Chicken Fillet – €18.50

Served with wild rice and a fresh salad

*

Create Your Own Savory Combo – €1.00 / item

Add ingredients of your choice:

Gouda cheese, ham, pepperoni, bacon, tomato, green
pepper, mushroom, olives

Menu



Salads

Greek salad 12.00€



Tomato, cucumber, carob rusk, onion flakes, feta cheese, olives and extra virgin olive oil

*

G-F V Μυστράς - Mystras 11.00€



Mixed salad with raisins, pine nuts, orange chips, Pezyme vinaigrette

*

Riganada 10,00€



olive oil ,vinegar,fresh tomato,feta cheese & olives

*

Maniatiki 12,50€



(syglino), sfela cheese, lalaggia (fried dough strips), and apple cider vinegar dressing.

*

G-F V colorfull kinoa 12,00€

With vegetables, corn, cherry tomatoes, baby greens, and lemon dressing.

*

Local cheese assortment



Συνοδεύονται με σπιτική τσάτνευ τομάτας, αποξηραμένα φρούτα και κριτσίνια

Accompanied by housemade tomato chutney, sun dried fruit and breadsticks

10,50€ - 21,00€

Menu



Main Dishes

G-F Sautéed Sea Bream – €21.50



With vegetable ragout and celery root purée

Cod Croquettes – €17.80



With sweet potato and seasonal greens

Spaghetti Napoliten – €10.00

Tomato sauce

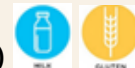


Spaghetti Bolognaise – €13.50



Fresh beef minced meat and tomato sauce

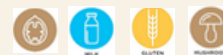
Traditional Gogkes with Mizithra – €15.50



Local handmade pasta with olive oil, butter, and
local Cretan mizithra cheese

Gogkes with Vegetables & Basil Pesto – €17.50

Cherry tomatoes, zucchini, eggplant, mushrooms,
carrots, bell peppers



Vegan Beetroot Ravioli – €17.00

Celery root cream, tofu, sun-dried tomato, baby arugula,
fried artichoke, hazelnut crunch



Menu



Desserts

Fresh Fruit – €7.00

Fruit Salad – €5.50

Sweet Crepe – €5.50



Pancakes – €5.50



American Cheesecake – €11.50



Orange Pie with Kaïmaki Ice Cream – €7.00

Dessert of the Day – €7.50

Add Toppings (€1.00 each):

White or dark praline, honey, biscuit, Oreo, whipped cream, hazelnuts

Add Syrup (€0.50 each):

Chocolate, strawberry, sour cherry, toffee, maple

Create Your Own Savory Combinations (€1.00/each):

Gouda, ham, pepperoni, bacon, tomato, peppers, mushrooms, olives



CRUSTACEAN
CRUSTÁCEOS



SESAME
SÉSAMO



NUTS
FRUTOS DE
CÁSCARA



GLUTEN
GLUTEN



EGG
HUEVO



FISH
PESCADO



SHELLFISH
MOLUSCOS



MUSTARD
MOSTAZA



CELERY
APIO



PEANUTS
CACAHUETES



MILK
LÁCTEOS



SULPHITE
SULFITO



SOYA
SOJA



LUPINS
ALTRAMUCES